Introducing…

Vice Captain - Nikki Stanton
Captain - Grace Sleba
Captain - Joel Kelleher
Vice Captain - Tulloch Myrianthopoulos

Tweed River High School
Innovation, Opportunity and Success

Core Values
► Teamwork
► Respect
► Excellence
► Opportunity
► Safety

Vision
► TRHS is recognized within our community for excellence in education.
► Students are willingly engaged in a wide range of innovative learning programs.
► Students value learning and achieve their personal best.
► Staff embrace innovative quality teaching methods that focus on 21st century learners.
► Staff work cohesively in a highly professional manner to achieve the school purpose.
► Strong relationships enhance our links to the community and provide a sense of belonging for students, staff and community members.
► Success is recognised and celebrated in our school community.

Purpose
► Provide an innovative, safe learning environment which promotes excellence through opportunity, teamwork and respect

 Meetings will normally be held on the third Thursday of the month in Staff Common Room at 7pm.

Next event
P&C Xmas Dinner
28th November 2013
(see notice on page 10 for further details)

UNIFORM SHOP
Open
Every Tuesday & Thursday
8.00am - 11am
(Located next to the Canteen)
Co-ordinator - Kerry Lee
Chairing Assembly, running Orientation days, mentoring Year 6 and 7 students, marching on ANZAC day, working with teachers to arrange extra-curricular activities and participating in committees. These are all activities carried out by our Student Representative Council (SRC).

While members of the SRC are a visible presence in the school, students are not always aware of the work these students do behind the scenes to reinforce our school values, purpose and vision to the wider school community. Last Thursday the SRC, supported by Mrs Smith and Mrs Marriott, held a planning day during which they looked at the skills and attributes required for strong leadership and the process of developing your individual leadership style. They also spent time planning a range of activities to support students in 2014.

I had the pleasure of working with the group for the morning session and was delighted to see their commitment to our core values of teamwork, respect, opportunity and safety; along with their commitment to the school vision and purpose. Teamwork was particularly evident with students working together in groups from Year 7 to Year 12, focussed on continually improving opportunities for their peers. They also provide me with a valuable insight into the opinions and priorities of students across the school.

During my session I was able to talk to students about leadership qualities and provided the group with some follow up reading. There are two websites I would like to refer all students to, as it is important that we all develop the skills to take on leadership roles.

http://www.inspiremusic.com/PDF/student_leadership.pdf
http://blog.cengage.com/?top_blog=tips-for-students-leadership-qualities-staying-on-target

While the first website goes on to specifically look at the structure of band leaders and leaders of music within the school, it is adapted from the work of Sean Covey from The 7 Habits of Effective Teens and the first 5 pages focus on leadership generally.

I encourage all students to access these websites as there are many opportunities for greater numbers of students to take on leadership roles across the school.

Parents, I urge you to encourage your children to take on leadership roles across a range of contexts, as it enhances their opportunities beyond school.

Leisa Conroy, Principal

I would like to welcome Mr Clement back to the Deputy’s chair later this week. I’d like to thank the students and parents I’ve worked with in my six months as Deputy whilst Mr Clement was on leave. Together we have had some very positive outcomes in getting students to work in partnership with parents and the school to improve their focus on learning and opportunities that engagement in school can offer.

We have seen great achievements by students in academic, sporting and cultural areas of school life and celebrated these on assemblies and formal presentations. It has been fantastic to see the support offered by student’s families and friends.

We are nearing the end of the HSC and our 2013 Year 12 students will be formally signing out of school and taking their place as adults in our society. I’d like to wish them all the best for their future and encourage them to be proactive in chasing their dreams and bringing them to fruition. Remember you are young and with persistence and tenacity you’ll overcome obstacles that may pop up along the way.

Year 10 are at a wonderful transition point in their lives and I’d encourage parents and carers to support them as they enter the work experience phase of their school life and prepare for the challenges of senior school. A letter has been sent home to all parents outlining ROSA requirements, Portfolio interviews and All My Own Work preparation for the Preliminary HSC year.

I would encourage families to have fees paid and their student organised to meet key dates outlined in the letter. Please phone the school if you have not received the information outlined in the letter dated 21st October and we’ll forward another copy to you.

Year 8 should be reviewing the years’ work and studying for end of year exams so they can enjoy the assessment period they are entering over the next few weeks. Encourage your student to seek assistance from their teacher and our wonderful tutors if they are confused or struggling with this revision process.

Wishing you all the best for the remainder of the school year and thanking you all for your positive support whilst I’ve been in the DP’s chair.

John Clayton, Rel. Deputy Principal

Principal’s Report

Deputy Principal’s Report

Principal’s Quality Work Awards

Principal's office

Year 7
Maddison BARK; Rachel LODER; Sean MULHEARN; Olivia SUNDERLAND

Year 9
Hadassah PAULSON
**Diary Dates**

**TERM 4 WEEK 5A**

**Monday 4 November**
- HSC Exams

**Tuesday 5 November**
- HSC Exams

**Wednesday 6 November**
- HSC Exams
- Yr7/8 Touch State finals

**Thursday 7 November**
- Yr7/8 Touch State finals

**Friday 8 November**
- Yr12 Study Skills Seminar – Pd1-4
- SRC National Young Leaders Conference

**TERM 4 WEEK 6B**

**Monday 11 November**
- **Remembrance Day**
- School Spec. rehearsal – combined schools

**Tuesday 12 November**
- School Spec. rehearsal – combined schools

**Wednesday 13 November**
- **Meal Deal** – A burger & a juice poppa $5.00

**Thursday 14 November**
- Butter chicken and rice or veg curry $4.50

**Friday 15 November**
- Year 12 Formal @ Bond University

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**KYDD FOOD AT THE CANTINEE**

**Week 5**
- **Monday** - Pesto chicken pasta, or vego $4.00
- **Tuesday** - Pasta bake with tomato, bacon sauce or vego $4.00
- **Wednesday** - Meal Deal - A burger & a juice poppa $5.00
- **Thursday** - Chicken, salad & avocado wraps or falafel $4.50
- **Friday** - Fried rice with chicken or vego $3.00

**Week 6**
- **Monday** - Bucket of wedges with salsa, sour cream & cheese $3.50
- **Tuesday** - Pasta bolognaise or vego $4.00
- **Wednesday** - Meal Deal - A focaccia & a paddle pop $5.00
- **Thursday** - Butter chicken and rice or vego curry $4.50
- **Friday** - Red Day - fish & gems $4.50, potato scallops $1.00, chicko rolls $2.50
- Healthy options available

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**BUY 20 OR MORE TICKETS & SAVE!**

We have your end of season celebrations in the bag, why not make a group booking to enjoy Wet ’n’ Wild Water World and get free entry from 2.30pm to Warner Bros. Movie World. For a great night out join us for a delicious three course dinner, magnificent animals, & stunning special effects at Australian Outback Spectacular. Purchase VIP passes for your family, friends and colleagues to enjoy unlimited theme park fun until 30 June 2014. It’s the year you won’t want to miss with a gorgeous baby Polar bear coming out to play later this month. And the awesome new Storm Coaster blasting into Sea World late 2013.

**25 YEAR REUNION**

**Year 12 1988**
**Year 11 1987**
**Year 10 1986**

Saturday 16th November 2013 at the Icon Bar, Coolangatta Hotel commencing at 7.00pm (DST).

Tickets are $30.00 and are available from the website:
http://tweedriverhighschool88reunion.weebly.com

Jacqui Coote (nee Brick)
The SRC have been participating the Kids In Need Dragonboat racing day for many years now and we would like to uphold our winning place again this year but to do so, we need the support from at least 10 more Tweed River High School students! It is a great day and we all have fun, so please get your notes in to Mrs Cunningham ASAP. Mr Swaddle is also looking for an adults team so if there are any parents that are interested in paddling, please come along and join in.

**Movember** is getting close, with the 1st of November this Friday. Men all around the world are getting excited for the chance to grow some facial hair whilst raising awareness of Men’s health issues. To start with there will be a money box in the Canteen and any spare change would be greatly appreciated. The SRC will be running an event in November to raise more money for the cause and we will be letting you know further information as the day comes closer.

On Monday 28th October a group of SRC members attended the GRIP Leadership conference held at Tweed Heads Civic Centre. Anna, Olivia, Lilee, Layla, Casey, Keeley, Ben, Corey, Matthew and I attended the day which consisted of many different elective sessions such as: ‘How to Maximise Student Involvement’ and ‘How to Maximise Fun from Fundraisers’. These courses where very helpful, as they provided us with new ideas on how to make our events for the school more engaging so that the whole student body would want to be involved. Other courses we attended were ‘How to create Unity at School‘ and ‘Creating House Spirit’. These courses taught us new ways of creating a happy and comforting spirit not only in our school but also in our community. We had a great day and look forward to sharing what we learnt with other SRC members later this year.

We would like to thank Mrs Conroy who took the time out of her busy schedule to speak to the SRC during our planning day held last Thursday. It was a very successful day and we talked a lot about the upcoming events we are looking at holding and what local, national and international charities we would like to support in 2014. Some of the things we talked about at the planning day were the school newsletter, lockers, school uniform, shelter, shade and fundraising events. It was a great opportunity for the SRC and crucial to preparing us for the year ahead.

Zoe Boxsell, SRC Publicity Officer
Angler Education
Catch and Release programme.

Thursday 14th November 2013
6.00pm sharp to 9.00pm

Run by fisheries hosted by the TCAFCA
@ South Tweed Sports club.
Adjacent to the Tweed Heads Fishing Club clubhouse.

BAR WILL BE OPEN. TEA AND COFFEE AVAILABLE AT COST.

Should be an interesting night! See you all there!
Please bring your kids, wives and friends. All welcome!

RSVP / Contact:
Richo 0418 664543 02 66770277 or Angela 0417 753760

A range of activities are available to Year 10 as they move into the latter part of the year.

**Work Experience** provides young people with many opportunities, including a first-hand experience working the hours of their preferred job, gaining an understanding of the skills required in the industry and mentoring with industry professionals.

Interested Year 10 students can participate in **WORK EXPERIENCE** during:

**Week 9**: 4 – 8 December 2013. Students need to meet with Mrs Page-Thomas and return the required paperwork fully completed by the employer, no later than the 18th November.

Enquiries to Mrs Page-Thomas, Careers Adviser.

The **Southern Cross University Access4U** program provided students from Years 11 and 12 with a second chance opportunity to establish a link into tertiary studies upon completing Year 12. Six Year 11 students and three Year 12 students took up this opportunity, with seven of these students graduating on Friday, 18th October at a ceremony at the Tugun campus. Year 11: Jake Eastgate, Danielle Davison, Kaitlyn Chehade, Jessica Hardcastle and Year 12: Beau McDonald, Kane Brakenridge and Mitchell Stoddart are congratulated on gaining access into the Associate Degree of Business. Not only did this program provide these young people with the confidence to pursue their tertiary aspirations, but a solid range of skills on which to base their future study. Congratulations to each of these students for taking up this opportunity and also for their success at tertiary level!

The **Southern Cross University Head Start** program provided the opportunity for academically talented Year 11 students to study a first year university subject whilst completing their HSC. Nicole Stanton, Karly Bartrim, Thea Provata-Pascoe, Elsie Rampling, Paige Greacen, Gabrielle Canning and Corinda Dallinger are congratulated on their successful participation and for taking up such a challenge whilst completing Year 11!!
We have had an exciting start to Term 4 with our involvement in the Jen McVeity ‘Seven Steps to Writing’ course. Jen provided the teachers and some of our students with some great ideas about how to write engaging pieces and we have begun to experiment with some of her strategies in the class learning environment. Year 7 will be undertaking a more intensive experience from Week 5 onwards. We look forward to teaching our students how to plan effectively and to reading some sizzling starts, tension building paragraphs, action sequences and effectively used dialogue.

**Year 7** are just about to conclude the Foundations of Film unit. Students have learnt about genre and demonstrated their learning through a film promotions poster. They have also had to pitch a story within their chosen genre and then storyboard their idea. We are seeing some very effective posters, clever story ideas and impressive storyboards.

**Year 8** have been immersed in a Transformation unit where they had to transform a text from one form into another demonstrating awareness of audience, purpose and context. This was a group activity where students had to work collaboratively to produce their end product. Students were then required to reflect on their learning and explain the process they undertook and the changes that they had to make to accommodate their change in form and their new audience. Some very impressive transformations have been created.

**Year 9** have ventured into the world of Shakespeare with an investigation of Macbeth. This is a very interesting play that looks at the human condition and beliefs within an Elizabethan context. It makes us consider human behaviours and encourages us to reflect on our own behaviours and to take responsibility for our actions. It also develops our awareness of how others can impact on our lives. This unit will culminate this week with students writing an exposition in class.

**Year 10** have also been investigating Shakespeare. The students have developed their understanding of the Shakespearean period and composed an imaginative piece of writing situated within the Elizabethan world. We encouraged our students to experiment with their narrative writing using non-linear structures. We have some talented students who have composed very clever and insightful texts. Some of these students have been rewarded with Principal's Awards.

**Year 10** have also been exploring the concept of Appropriation. Students have engaged in an investigation of Romeo and Juliet through some close study of the text and Baz Luhrmann's film appropriation. Students are currently working in groups to create their own transformation for a 21st century audience and will reflect on the process as part of their assessment. There has been some differentiation of the task for some of our students.

**Year 11** have begun the HSC course and are currently developing their understanding of the concept of 'belonging'. This will be a very busy term for our senior students as there is much to be done. The first HSC assessment task in English will take place in week 10 of this term. We have begun the process of preparing the students for this task which is a speaking/viewing & representing task. Students should be actively engaged in the reading of their prescribed text, be writing in their journals and investigating their own ideas about 'belonging'. There will be mandatory class work for this unit and failure to comply will result in Board of Studies letters.

**Competition**

Sasha Jarrett entered a piece of writing in the Write for Fun competition and has been successful in getting her work published. What a wonderful achievement! We hope to publish her story for you all to read in the next newsletter.

**The International Competitions and Assessments for Schools (ICAS)** was run by the University of New South Wales and 68 of our students entered this competition. We received 1 High Distinction - Alyssa Chorlton (Yr7), 2 Distinctions – Celine Ogg (Yr8) & Olivia Balaran (Yr7), 10 credits and 55 participation certificates. Congratulations to all participants.

**What's next?**

- Year 7 - Writing unit
- Year 8 - Documentary unit
- Year 9 - An Asian Film Festival
- Year 10 - Area of Study - 'homelessness'.

Ms Sue Smith, Relieving HT English
There is plenty happening this Term in sport, with a number of opportunities for students to involve themselves competitively and represent Tweed River High School.

**NORTH COAST SURF LIFESAVING CARNIVAL**
The NC SLS Carnival is being held in Yamba on the 8th of November. This competition involves a number of events including Surf Board riding, Surf Swim race, board races, iron man/iron woman races, beach sprints and flag events to name a few. We have a number of students who have put their name down to go. If any student is interested and wants to compete they need to see me ASAP.
The venue will be confirmed on the day with all competitors to meet at Yamba Surf Club (Main Beach) at 7am for a briefing. Entry fee is $10 per student including lunch. Students can see me for a program of events.

**FAR NORTH COAST FUTSAL GALA DAY**
A big congratulations to our four Futsal teams who competed at the Seagulls indoor centre on the 17th & 18th October in the FNC gala day. Both of our girls teams (14’s and 16’s) made it through to the final, with the 14’s winning the day and they now to move onto the next level of the North Coast knockout competition. The boys played very well and with great skill against some tough sides but unfortunately have not made it further. Thank you to Mr McClure for organising and coaching the teams on the day.
Good luck to the 14 Girls team in the rest of the competition!

**U15 NETBALL GALA DAY**
A team was selected last Term to compete in the FNC U15 Netball gala day and they will be competing at Arkinstall Park on the 14th November. Training will begin in Week 4 so students need to listen for training times. A big thank you to Heidi Moloney and Toni Attenborough-Doyle, two dedicated parents who are always willing to help out with competitions.

**FAR NORTH COAST BEACH VOLLEYBALL**
Tweed River High has four teams competing in Byron Bay on the 1st November in the FNC Beach Volleyball gala day. It is always a fun day in the sun and we have always had competitive teams involved. A reminder to students that the bus will be leaving from the front of TRHS at 8am on the Friday. Please do not be late. Students need to bring plenty of sunscreen and water as well as a hat. Mr Dwyer and I are looking forward to the day. Good luck to all teams!

**JYE ROGERS - COOLANGATTA GOLD**
Jye Rogers competed in the Coolangatta Gold and came 8th out of 38 competitors. Jye has just finished Year 12 here at Tweed River High and we wish him all the best for his future competitions.

Finally, a mention to check out the TRHS Athlete of the Month photo board at McDonalds South Tweed!

Yours in Sport
Ms Alford
Graduation day for the ‘Wollumbin Dreaming’ program for 2013

On Friday 25th October 27 Indigenous students from our local schools visited the CSIRO Eco Science facilities in Brisbane. Three Academy girls from Tweed River High, Keeley Perandis, Chelsea Wilson and Caitlin Cochrane attended with Kim Spencer for what was to be an amazing hands-on experience. Students were able to participate in 2 workshops, the first in a CSI experiment to extract DNA from Barley and then a robotics activity that taught the students about programming a small car for movement. We were also fortunate to have a behind the scenes experience where we saw bio security labs and the latest in small submarine technology to chart sea grass patterns of growth/loss in the Gladstone Harbour.

The day was organised through the Titans Academy Program to introduce students to the possibilities when choosing Science as a career.

Our students behaviour was exemplary, as always.

Cathy Dickson, TBT Program Coordinator
What’s happening down at the farm

Helping learner drivers become safer drivers
FREE workshops for parents and supervising drivers

To provide practical advice about:
- Current laws for L and P licence holders.
- Supervising learner drivers.
- Completing the Learner driver log book.
- The benefits of supervised on-road driving experience.

The next workshop in your area will be held:

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<th>Time and date:</th>
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Tweed River High School
P&C Association
Christmas Dinner

November 28th, 2013
6.30pm... (BYO)
Sukhothai Restaurant
Tweed Heads South

RSVP before 25th November
to Rebecca in the school office
(07) 55243007
ALL WELCOME
Free Activities and BBQs for young people 12 to 18
Murwillumbah Youth Centre
4pm to 8pm on the 2nd & 4th Fridays each month 8/11, 22/11 & 8/12
Cabarita Headland Park 5pm to 8pm on the 3rd Friday of the Month on the 15/11 and 20/12
Like CoolHeads on Facebook for Activity information. Our display photo is

St. Joseph's Youth Service
The Department of Human Services in Tweed Heads is inviting applications for its Indigenous Apprenticeship program.

The 12 month Indigenous Apprenticeship includes:
- A salary
- On the job training
- A nationally recognised qualification
- An opportunity to work in one of Australia’s largest and most innovative organisations

If you would like more information regarding the Indigenous Apprenticeship program and how to apply please come to an Information night to be held:

Monday 4th November 2013 – 5.30pm to 7.00pm
Tweed Heads Smart Centre
3 Enterprise Avenue, Tweed Heads South

For further details on the Information night or the Indigenous Apprenticeship program contact Lindy McGuren 0755694691

The Apprentice positions are advertised in the Australian Public Service Gazette as well as local newspapers. Late applications will not be accepted.

Adolescent drug and alcohol use, synthetic drugs, music festivals and the law
FREE PRESENTATION

Paul Dillon is the Director of Drug and Alcohol Research and Training Australia (DARTA) and works with young people across the country and internationally. Paul is the keynote speaker at the 2013 RRISK seminars.

In this free presentation for parents, teachers and anyone who works with young people, Paul will share information on:

**Synthetic drugs:** the latest evidence

**Music festivals:** drug trends, the law & detection strategies

**Alcohol & drug use:** latest survey of high school students revealed

**Parenting tips:** latest research

**Alcohol & cannabis:** new resources

**Where:** Tweed Heads Civic Centre, Brett St Tweed Heads

**Date:** Thursday 5 December 2013

**Time:** 4.00pm—6.00pm

**Bookings are essential**

Please RSVP by Friday 29 November 2013

Contact reception on 1300 292 872 or 02 6670 2400

Tweed Shire Council

www.rrisk.com.au

Follow Paul Dillon and DARTA on Facebook and Twitter

Proudly sponsored by Southern Cross University
Newsletter 4

Talking to Young People about Alcohol and Drugs

It is best for education about alcohol and drugs to begin before young people are exposed to personal decisions about their use. Young people who have accurate information, coping and decision making skills and understand the issues, will be in a good position to make responsible decisions about alcohol and drugs.

Parents provide a powerful role model when it comes to drinking and attitudes to alcohol and other drugs. Take time to talk. Sitting down with the young person in your care and mapping out a plan of action and what to say if they are offered drugs or alcohol can help equip them for the almost inevitable real event. Listen to what the young person in your family says about alcohol and drugs and follow up with a discussion. Take the opportunities when they come up during everyday activities, for example:

- When you pour a glass of alcohol
- When alcohol or other drugs are mentioned on TV or other media
- When using or giving out medicines
- When your young person has an assignment on alcohol, smoking, medicines or other drugs.

It is important to understand that in some situations young people may take risks. Sitting down afterwards and helping them identify where things started to go wrong enables them to consider what they could do differently the next time they are faced with a similar situation.

Australian Alcohol Guideline for Children and young people under 18

Not drinking alcohol is the safest option.

For children under 15
Parents and carers are advised that children under 15 years of age are at the greatest risk of harm from drinking and that for this age group, not drinking is especially important.

For Young people aged 15-18 years
The safest option is to delay the initiation of drinking for as long as possible. Australian Alcohol Guidelines to reduce health risks from drinking alcohol. National Health and Medical Research Council, 2009 can be found at http://www.nhmrc.gov.au/_files_nhmrc/file/publications/synopses/ds10-alcohol.pdf

Look for information about the RRISK Program and risk taking at our website www.rrisk.com.au