Core Values

► Teamwork
► Respect
► Excellence
► Opportunity
► Safety

Vision

TRHS is recognised within our community for excellence in education, where:
► Students are willingly engaged in a wide range of innovative learning programs.
► Students value learning and achieve their personal best.
► Staff embrace innovative, quality teaching methods that focused on the needs of 21st century learners.
► Staff work cohesively in a highly professional manner to achieve the school purpose.
► Strong relationships enhance our links to the community and provide a sense of belonging for students, staff and community members.
► Success is recognised and celebrated by our school community.
► Students develop and are recognised for positive citizenship within the school and wider community.

Purpose

► Provide an innovative, safe learning environment which promotes excellence through opportunity, teamwork and respect.

NEWSLETTER
13th October (Term 4 Week 2)

Tweed River High School
Innovation, Opportunity and Success

P&C Association

President: Margaret Taylor
Meetings are normally held on the third Thursday of the month in Staff Common Room at 7pm.

Next meeting:
ANNUAL GENERAL MEETING
Thursday 15th October
All welcome

UNIFORM SHOP

Open
Every Tuesday & Thursday 8.00am – 11.00am
(Located next to the Canteen)

Co-ordinator - Kerry Lee

FAREWELL YEAR 12 2015
I would like to welcome everyone back to Term 4 and welcome our new Deputy Principal, Ms Kim Taylor to our Executive team. Ms Taylor brings a wide range of experience to the school, having worked as a Head Teacher in the areas of mathematics, welfare and TAS and holding whole school positions as a Highly Accomplished Teacher and a Head Teacher Teaching and Learning. I know Ms Taylor is looking forward to leading our students and teachers in achieving our school goals.

We began the Term by celebrating the achievements of our students during Term 3, with Year assemblies held last Thursday. These assemblies are a vital part of our school culture where we celebrate the academic achievements of our students and encourage them to set their learning goals for the following Term. With only 10 weeks of the 2015 school year remaining I encourage all students to focus on working towards the achievement of the goals they set themselves at the start of the year. I would like to thank Mrs Mackney and our Year Advisors for making these celebratory assemblies possible. I would also like to thank Mr Walker and the music students who provide entertainment at our Year assemblies. Once again the performances were of an exceptional standard.

This week our Year 12 students commenced their HSC examinations. Mr Mackney, Mrs Smith and I attended Southern Cross University to wish them well before their English exam on Monday. I personally wish every student the greatest success and know they have been extremely well prepared for their exams by our exemplary teaching staff.

Our P&C will be holding their Annual General Meeting this Thursday evening and we would love to see some new parents coming along to join our group. The P&C are a small, but dedicated group who raise funds to improve facilities for our students through their uniform shop. They also provide valuable perspectives on school planning and goal setting.

As we begin Term 4 it is a good idea to reflect briefly on where we have come from in Term 3. At the end of Term 3 we farewelled our 2015 Year 12 cohort of students. A page in history was turned. Over the holiday break our Year 11 Cohort has graduated to Year 12 making them our new student leaders. They are the students who will be the role models for our junior students over the coming year. They are also the students in our school with the most to gain from our school reputation in the local community. It is vital that our student leaders work with staff and our parent body to present our school well in our local community.

There was a meeting for all Year 12 students and their parents in the SEC on Monday evening to explain what the school expects of its senior students and how the school and parents can support them in making the most of their HSC. After this meeting, following careful consideration, students have the opportunity to make adjustments to their subject pattern for the HSC. That opportunity will close this Friday 16th October after which students need to fully engage with the HSC program.

Year 10 students should be actively looking for work experience opportunities during November 23-27 and some may also choose to undertake a further placement in the following week. Now is the time to be planning for this. Once an employer agrees to place you, please see Mr Williams to complete the all-important insurance paperwork which will permit the placement to proceed.

Tweed River High School is in the process of implementing a new app which will enable the school to communicate more easily with parents and students by pushing messages to our school community. The app is available as a free download for both Android and Apple devices just by searching for Tweed River High School at the appropriate online store. Further details on the use of this app will be made available in coming weeks.

Ms K Taylor
Deputy Principal

Welcome back to Term 4. I hope that everyone has had a restful break and is ready for a very productive Term. I am both excited and looking forward to working with our school community in the role of Year 7, 8 and 9 Deputy Principal at Tweed River High School. Please don’t hesitate to make contact with me if there are any particular concerns you may have in these Year groups.

This Term will see the completion of coursework for the year with a common assessment period occurring in Week 5. It is important to ensure that students are aware of the expectations for these assessments and when they are scheduled. If not, please ensure students are in discussions with their teachers. It is also a time to ensure that a regular and targeted revision program is being completed at home in preparation for these assessments. This will ensure that every student is able to put their best foot forward.

As always, it is imperative that we protect and improve upon the great reputation that belongs to Tweed River High School. The wearing of correct uniform at all times, punctuality both to school and to class, attendance and our behaviour when out in public are all crucial to maintaining our valuable and well-earned public image. I would ask each and every one of you to work with us to protect this most valuable asset at all times.

I am very interested in good news stories. If you have a good news story to share about your student’s achievements please contact me so that it can be shared. The celebration of our students’ success is at the very core of what we do here at school.

I wish you all the best for Term 4.

Mr B Mackney
Deputy Principal

Ms L Conroy
Principal
Diary Dates

TERM 4
WEEK 3
Mon Oct 19
• HSC Exams all week

Tue Oct 20
• 2016 SRC Planning Day

Wed Oct 21

Thu Oct 22
• Year 11 SCU Seniors Day

Fri Oct 23
• U15 Knockout Netball Game at Arkinstall Park

WEEK 4
Mon Oct 26
• HSC Exams all week

Tue Oct 27
• Year 8 UNI bound at SCU
• Year 7 & 8 AMIE at SCU

Wed Oct 28
• Year 8 Uni Bound at SCU

Thu Oct 29
• Combined Band/Choir Workshop

Fri Oct 30
• FNC Beach Volleyball at Byron Bay

Tweed River High School Students Raising Awareness for Homelessness

In conjunction with the Family Centre and the Tweed Shire Council, Tweed River High School hosted a multimedia presentation presented by Monique Hemmings from Year 11. The school was provided with a guest speaker from the Housing Programs to present information to Year 10 and 11 regarding homelessness in our local and wider community.

Special bins were placed at the front office to allow students to contribute non-perishable items and clothing to homeless people within the community. The school also raised funds to contribute to struggling families within the school. With encouragement from Tweed River High School staff and the SRC we managed to raise $160. Many items were also collected including socks obtained from the football students as they are the most needed clothing item, as pointed out during Monique Hemmings presentation. The enormous enthusiasm shown by the Tweed River High School community demonstrated their outstanding school spirit.

KYDD FOOD AT THE CANTEEN

Term 4
Week 3
Monday - pasta carbonara or vego $4.00
Tuesday - stir fry noodles with chicken or vego $4.50
Wednesday - meal deal - a burger and a juice poppa $5.00
Thursday - beef or bean burritos with rice, salsa, and sour cream $4.50
Friday - hot potato with Mexican beef or vego sauce 44.00

Week 4
Monday - bucket of wedges with salsa, sour cream and cheese $3.50
Tuesday - pasta bolognaise or vego $4.00
Wednesday - meal deal - a focaccia and a paddle pop $5.00
Thursday - Homemade Pizza day all pizzas $2.50
Friday - butter chicken with rice $4.50
Year 7
PD/H/PE – Ms Cowan
Isabella HALL; Sylas WOODALL
Science – Ms Andrews
Courtney COLLISON; Alana DOUGLAS; Lachlan GARNER; Kiana JOHNSON; Maya PUTRA; Jackson RIDING
TAS – 2015 RACQ Technology Challenge – Mr Wiggins
Jason BOWER; Jacob BROWN; Samuel CARROLL; Benjamin COLLIS; Luke DRUMMOND-PENNELL; Kadyn LATTER; Brody TOMLINSON

Year 8
TAS – 2015 RACQ Technology Challenge – Mr Wiggins
Jake CONVINE; Zak DUQUE-WEICKEL; Malakai TOGO

Year 10 –
Principal's Office - Wollumbin Dreaming – Mrs Conroy
Carmiel IDAGI; Jennifer OLD; Keeley PERANDIS; Vanessa SMALLWOOD

Year 11
Applied Technology – Mrs Marriott
Megan GRIBBLE; Chloe LODER; Tiffany NEILSEN; Georgia SAUNDERS; Michaela THOMAS

PRINCIPAL’S QUALITY WORK MEDALS
Erin BUTLER, Year 8
Anna MORRIS, Year 8
Samantha JOINER, Year 10
Celine OGG, Year 10
Megan GRIBBLE, Year 11
In Week 10 of Term 3 Tarryn Aiken and Jesse Curtis travelled to Caloundra to participate in the Touch National Youth Championships. This event saw teams from all over Australia travel to fight it out for the title of best National Touch team. Both Tarryn and Jesse were chosen to represent the NSW CHS teams this year and both showed their outstanding talents over the 5 day carnival.

Both the boys and girls CHS teams played exceptionally well and made the semi-finals. The girls came up against the mighty Cobras from Brisbane and unfortunately after a nail biting game they went down in a drop off. Tarryn showed again why she is a force to be reckoned with and played some great Touch. Jesse and the boy’s team came up against the North Queensland Bulls and again after a very tense game that changed leads many times, the boys were narrowly defeated by one try. Jesse too showed his talents within the team, being part of many of the CHS tries.

Special mention to Jesse who received the Gary Clarke Medal, which is awarded to a player who shows exceptional leadership and shows the ability to push the team forward, an award that was thoroughly deserved by Jesse.

I had the privilege of going up to Caloundra to watch some of their games and I continue to be proud of what our students and more specifically our Touch students are achieving at high levels. It is an honour to coach them. They showed exceptional team spirit and are a credit to our school and their families.

C Swaddle
National Youth Championships – Touch Football
A huge congratulations to two of our Tweed River students who represented NSWCHS at a national level in the NYC Touch Football competition – Jesse Curtis and Tarryn Aiken. It is an amazing achievement to reach the level that they have. Please see Mr Swaddle’s report for more detail on their fabulous results.

NSWCHS Athletics Championships
Eight of our TRHS students travelled down to Sydney to compete in the NSWCHS Athletics Championships in Homebush Bay. They achieved some fantastic results, including Bonnie Duggan (Year 7) making the 100m final, our 13 girls relay team also making the final as well as Kayla Harris placing 3rd in the 13 girls javelin. Kayla is now representing NSWCHS at the NSW All Schools event in Sydney on the 8th October. What a star. Well done to all of our competitors!

North Coast U15 Netball Semi-Final
Tweed River’s U15 netball side won through the FNC knockout gala day to now play in the semi-final of the North Coast knockout in Week 3. They are up against Maclean High School at Arkinstall Park and we are looking forward to see how they go. Good luck girls!

Far North Coast Futsal Knockout
Well done to the U14 and U16 boys and girls Futsal teams who competed in the FNC knockout competition at the end of Term 3. Our best result was the U16 girls who made the final but narrowly lost. Thank you to Mr Fugar and Mr Harris for coaching and supporting the teams.

Far North Coast Beach Volleyball
Coming up in Week 4 we have the annual Beach Volleyball Far North Coast Gala day at Clarke’s Beach in Byron Bay. There are trials happening in Week 2, and I would encourage students to attend as it is always a fun day in the sun!

Tweed Valley Competition 2015
The annual Tweed Valley inter-school competition has finished, with a lot of success from Tweed River High teams. We had 8 of our 11 teams in the Grand Finals, which is a fantastic achievement. Of those, 6 won the final. Congratulations to the 15+ Boys Basketball, 15 Boys Touch, 14 Boys Touch, 16 Girls Netball, 13 Girls Netball and 16 Girls Touch who all won their comps. Thank you very much to all of the teachers involved in the competition, it wouldn’t happen without your support.

Yours in Sport,
Ms J Alford
Sports Organiser 2015
To celebrate the occasion, students were nominated by their sport teachers for a sporting award and names were drawn out for prizes.

**Nominated students:** Lacey Newton, Lachlan Prestage, Tyler Preston, Taylor Broadhurst, Rubi Seminar, Emily Wall, Tawana Togo, Nevee Pearson, Olivia Edson, Hine Rei Berryman, Jade Kitchener, Krystal Riley.

**Minor Prize Winners:** Deijah Hallet Wharewaka, Emerson Sharpe, Chloe Berry, Ava Crandon-Downes

**Major Prize Winner:** Kayla Harris

Thank you to all students who participate to the best of their ability each week at sport, PE and SDP and to those teachers and mentors who support them.

Yours in Sport,
Ms Cowan (PDHPE)
On Monday 17th August, our SRC set out for a 3 day camp at Hosanna Farm in Murwillumbah. Students were divided into 4 groups, each led by 2 of the Year 11 SRC members; providing them with an opportunity to take charge and facilitate the entire camp. Throughout the camp, students bonded during team building activities and got to know one another along the way through various ice breaker games.

We were responsible for our own cooking and cleaning and it was great to see everyone take the initiative and help out around the camp. The first night at Hosanna began with team trivia – linking in with the camps ‘Harry Potter’ theme and ended with scary stories and songs around the campfire. This was a good wind down from a busy day and brought students together as we shared our talents and stories with each other.

Day 2 focused on the hype that was shared for Paint Wars. What better way to bond than running around in a cow paddock shooting each other with different coloured food dye – which would stain for the next few days. That night, we were joined by the Year 12 students and again, we ended the night around the fire listening to scary stories and roasting marshmallows.

On our last day at Hosanna teams competed in a scavenger hunt whilst linked together by their wrists, fighting it out to be crowned the overall winners for our camp. Everyone displayed great team spirit and leadership, but it was team Ravenclaw who took out first place. Overall it was a great camp that left everyone in high spirits and with positive thoughts towards the upcoming year.

2016 is going to be a fantastic year for the SRC and it’s great to see students so enthusiastic and encouraging towards our school and each other!

Layla Mackenzie – School Captain 2016
**Why National HPE Day?**

**Why celebrate National HPE Day?**
An educated Nation, comprising active and healthy young people, is the best investment we can make in the future. Learning in Health and Physical Education (HPE) makes an important, positive difference to their time as students and their lifelong participation and health outcomes.

Parents also play a central role in promoting, facilitating and modelling positive lifestyle behaviours.

**What is the issue in Australia?**
- The first Active Healthy Kids Australia Report Card launched in 2014 showed that Australian school children rank among the worst in the world for overall physical activity levels.
- 80% of 5-17 year olds are not meeting the Australian Physical Activity and Sedentary Behaviour Guidelines of at least 60 minutes of moderate to vigorous intensity physical activity every day.
- Only 26% of Australians aged 5-17 years are meeting the recommended Australian screen time guidelines of accumulating no more than two hours per day.
- Despite 60% of Australian children aged 5 to 14 participating in some form of organised sport outside of school hours, participation in other forms of physical activity (such as active transport and leisure time physical activity) that contribute to overall physical activity levels are low and declining.

**Why is HPE so important?**
- HPE is one of eight key learning areas identified in the Melbourne Declaration for Educational Goals for Young Australians.
- ACHPER has advocated strongly for an Australian Curriculum entitlement in HPE and this has been realised through the development of the Australian Curriculum for HPE, which is now available for use by schools.
- It is the area of the curriculum that provides real opportunities for children to learn how to lead active and healthy lifestyles – now and in the future. It teaches students how to enhance and positively influence their own and others’ health, safety and wellbeing.
- HPE is the key learning area in the curriculum that focuses explicitly on developing movement skills, concepts and strategies to confidently, competently and creatively participate in a range of physical activities.
- Movement is a powerful medium for learning and, through it, students can develop and practise a range of personal, social and cognitive skills to strengthen their sense of self and build and manage satisfying relationships.
- Participation in HPE encourages a habit of physical activity and appreciation of how movement in all its forms is central to daily life, helping to avoid the onset of lifestyle diseases that represent an unprecedented threat to the health and economic future of Australia.
- The growing body of research shows that participation in HPE and physical activity leads to better student engagement, improved academic achievement during the school years, and also better outcomes in adult life.

**TERM 4 INFORMATION SESSIONS**

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<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
<th>Venue</th>
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<tbody>
<tr>
<td>29 Oct</td>
<td>Casino</td>
<td>6:30-7:30 pm</td>
<td>Casino Golf Club 40 West St</td>
</tr>
<tr>
<td>10 Nov</td>
<td>Lane Cove</td>
<td>7:30-9 pm</td>
<td>Lane Cove Library Place (Parking below in Austin St)</td>
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<tr>
<td>28 Oct</td>
<td>Lismore Workers Club</td>
<td>6:30-7:30 pm</td>
<td>231 Keen St</td>
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<tr>
<td>13 Oct</td>
<td>Lane Cove</td>
<td>7-9 pm</td>
<td>Lane Cove Library Place (Parking below in Austin St)</td>
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Is it a safe place for our kids?

A guide for parents.

As a parent or carer, you play an important role in making sure your kids are spending time in places that are safe. This guide will help you look out for child-safe places.

What is a 'child safe' place?

Child safety means places where children are safe from neglect, physical, sexual, or emotional harm.

What should I look out for when choosing a safe program for my child?

It's important to choose programs and activities that are safe. Ask the person who works with your child about their qualifications and training. Do they have a Working with Children Check?

How do you know they have a Check?

Parents and Guardians are now able to verify if the person working with their child under 18 has a Working With Children Check. When you verify a person’s details, including their name and date of birth, you will receive the outcome by email.

How can you verify a Working With Children Check?

Employees and organisations can check by verifying that their employees or volunteers have a current Working With Children Check. To find out more, visit www.kidsguardian.nsw.gov.au/childsafe or contact us on (02) 8211 3500.