‘Diversity at TRHS’
Reconciliation Week speech
TRHS Jazz Band plays at the Kingscliff TAFE
Open Boys Touch Football Knockout

Core Values
- Teamwork
- Respect
- Excellence
- Opportunity
- Safety

Purpose
- Provide an innovative, safe learning environment which promotes excellence through opportunity, teamwork and respect

Vision
- TRHS is recognised within our community for excellence in education.
- Students are willingly engaged in a wide range of innovative learning programs.
- Students value learning and achieve their personal best.
- Staff embrace innovative quality teaching methods that focus on 21st century learners.
- Staff work cohesively in a highly professional manner to achieve the school purpose.
- Strong relationships enhance our links to the community and provide a sense of belonging for students, staff and community members.
- Success is recognised and celebrated in our school community.

Tweed River High School
Innovation, Opportunity and Success

P&C Association
Meetings are normally held on the third Thursday of the month in Staff Common Room at 7pm.

Next meeting
19th June 2014
President: Anita Johnson

UNIFORM SHOP
Open
Every Tuesday & Thursday
8.00am – 11.00am
(Located next to the Canteen)

Co-ordinator - Kerry Lee
**Year 10 into 11**

Our annual Year 10 into 11 night was held on Monday evening commencing the process of Year 11 subject selection and enrolment.

By now all students should be familiar with the subject selection handbook and will need to be prepared for their subject selection interview, which will take place on Wednesday 18th June. This year these interviews will be conducted by our executive staff, along with Mrs Paige-Thomas, to ensure that all students have access to detailed subject information throughout the process.

This is an important process and I urge all parents to spend time talking to their child about his or her future goals and how their subject choices for Year 11 can support the achievement of these goals.

My best advice to students is to aim high and choose the subjects you love, because that is what you will succeed in and ensure you make informed decisions. Your teachers are here to help you.

**Uniform**

We currently have a uniform committee evaluating and updating our uniform and we expect to implement changes to the girls skirt and senior girls top shortly. However, in the interim I would like to remind students to ensure that they are wearing the correct school uniform, including black leather shoes and school jumpers. I have also noticed that the hemlines on the uniforms of some girls has begun to get shorter again. Skirts are to be no shorter than the length of a girl’s fingertips when her arms are by her side. Please ensure that your daughters do not wear inappropriately short skirts.

*Leisa Conroy, Principal*

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**I have been reflecting over the anxieties that my Year 12 class is experiencing having to face an oral presentation. Over the course of their school years students will have occasions where they will have to do an oral presentation.**

The fear and trepidation of having to do one can be the biggest barrier to a brilliant presentation. So here are some tips:

1. Look at the task and the marking scheme – be prepared for and know what is expected.
2. Grooming is important – be well presented and feel good about yourself.
3. Establish your space in the presentation area. How can you best address your audience?
4. Do not ‘wing it’. Know your content so that you are confident in your delivery. This is achieved through research and a deep understanding of the content.
5. Self-confidence is your biggest ally!
6. Practise, Practise and Practise! After all, as teacher’s, we do this every day.

Year 11 have just finished their exams, however this does not mean that they can take a break. It is only 10 school weeks until their final Preliminary exams and there is still a significant amount of learning to be done. As I have stated in previous newsletters, study becomes so hard if you start to play ‘catch up’. Remember the Preliminary course is assumed knowledge for the HSC subjects.

*Ian Hayward, Relieving Deputy Principal*

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**Reforms to P&C Federation**

The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school’s P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation’s Annual General Meeting and councillors who will serve on the Federation’s Board of Management. More information will be available on the Department’s website at:

**KYDD FOOD AT THE CANTERNE**

**Next week (Week 7)**

- **Monday** - Public Holiday
- **Tuesday** - Wedges with salsa, sour cream and cheese $3.50
- **Wednesday** - Meal Deal - a burger and a small water $5.00
- **Thursday** - Red Day - fish n gems $4.50, potato scallops $1.00, healthy options available
- **Friday** - Chicken pesto pasta or vegetarian pasta $4.00

**TERM 2 - Week 8**

- **Monday** - pasta carbonara vegetarian $4.00
- **Tuesday** - fried rice topped with Chinese sliced chicken $4.00
- **Wednesday** - Meal Deal - a focaccia and a paddle pop $5.00
- **Thursday** - Beef or bean burritos with rice, salsa, and cheese $4.50
- **Friday** - Lasagne $4.00

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**PRINCIPALS QUALITY WORK AWARDS**

**Year 7**

**English – Mrs Cunningham**

Tiah CURTIS-GESELLE; Anna MORRIS; Simone OGG

**Year 9**

**English – Ms Smith**

Brodhi AVIS; Alex FOLTYN; Jeneesha SMIDT; Imogen WALKER

**Year 12**

**Aboriginal Studies – Mrs Ryan**

Makayla RILEY

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**SRC Report**

The SRC is holding a Teachers vs Students ‘State of Origin’ game on the 4th June. We would ask anyone interested to give their name to an SRC member as soon as possible.

The school has been approached by a young refugee who is walking from our school to Sydney to raise money to build a school in his home town.

The SRC will be going around during Roll Call on Thursday and Friday this week asking for a gold coin donation. If you would like to donate further you can visit the website 'future hope'.

The SRC will also be looking for new members to our team. If you would like to show your leadership skills, keep an ear out for further information on nominations.

Zoe Boxsell, SRC Publicity Officer

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Players wanted for Under 14s and Under 16s

**Tweed Coolangatta Junior Australian Football Club** is looking for players for under 14s (born 2000) and under 16s (born 1998-99).

If you are interested in AFL we would love to have you at our club.

If you would like to have a go, even if you have never played before, come to training at Len Peak Oval on Tuesday or Thursday from 4.30pm.

For more information phone 07 5536 7119

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**NORTA NORTA NEWS**

What’s been happening upstairs in the Library?

Students have been getting help with assessments, assignments, projects, classwork, homework and revision for exams. The tutors have been busy assisting students from Yr7 – Yr12 with various tasks. Whether it be helping with the preparation of a speech or making a model, the tutors do their best to assist in all subject areas.

Students can request assistance themselves or through their teacher. Teachers often refer students and parents can ask for tutoring for their children. A note is required from the teacher for each lesson to attend tutoring. The outcomes of many Indigenous students and their class mates have improved this year.

Senior Indigenous students are reminded that there are many opportunities available to help them with academic subjects as well as resume writing, career advice and job preparation. They can receive individual tutoring or work in small revision groups to prepare for exams. Seniors, especially indigenous students, are welcome during their study periods to join us in the Norta Norta room and work on their own or with tutor help.

Ellie, the school support dog, comes to school each day with Mandy, and joins the tutoring staff in helping students. She is a friendly, quiet dog that easily wins the hearts of the students with her placid, laid back personality. She listens to reading, is a great buddy and friend, calms upset students and just loves a pat. Many students have learnt how to approach, handle, feed, lead and care for her. She also visits some classes as she likes to help students to be well behaved, quiet and work well.

If you haven’t been up to see the tutors and get some help so far this year, it is not too late.

*See you soon and watch your marks balloon.*

**The Norta Norta Team:**
Mandy, Lana, Marg, Sandy, Michael, Shauna, Ellie and others.
There is a lot happening in the world of Transition and Planning at this stage, whether you are a student in Year 10, 11 OR Year 12!! Students are urged to research their future options from a range of sources and ensure that their choices are well informed. A number of opportunities have been planned for the coming weeks. Consider if these experiences support your planning and register your interest to participate with the Careers Adviser, Mrs Page-Thomas:

**Australian Defence Forces Information Session**
Who: Interested Year 10, 11 and 12 students
When: Tuesday 10 June 2014
Where: B112 (A17)
How: Register your interest at the Careers Room

**Griffith University Information Session**
Who: Year 12 ATAR students
When: Wednesday Roll Call 8.25 – 9.15am
Where: Library
How: All ATAR students to attend and have roll marked at the Library thank you!

**University Open Days**
Check: [www.qtac.edu.au](http://www.qtac.edu.au) > schools & institutions > open days and expos
This link will provide a comprehensive list of all university open days in the QTAC administration process. The home page displays a huge range of support regarding courses, applying and access schemes.
Check: [www.uac.edu.au](http://www.uac.edu.au) > search > open days 2014
This link will provide a comprehensive list of all university open days in the UAC administration process. Scroll to the bottom of the page to ‘school link’ > Year 12 for support regarding courses, applying, access schemes and scholarships.

**SWIEIT Visit – University of Technology**
Target Group: Female students from Year 9 – Year 12
The SWIEIT Program is an outreach program delivered by undergraduate female engineers studying at the University of Technology Sydney. The students will present the inspiring story of their motivations to study engineering. This is followed by a practical workshop involving problem solving around a geographical crisis!!!!! Very mysterious, but will challenge your team work and problem solving skills! Curious????? See Mrs Page-Thomas to register your interest in participating. There is NO COST for this program! Maximum of 20 participants.

**Coolangatta TAFE Open Night**
When: Tuesday 10 June 2014, 5pm – 7pm
What: Bricklaying Program
When: 4 weeks / 4 days per week - definite apprenticeship opportunity!
Who: Interested in a bricklaying apprenticeship - see Mrs Page-Thomas to RSVP for Open Night

This year Tweed River High School are fundraising again with The Entertainment Books! This year you have the option to purchase either the **Entertainment Book**, or a **Digital Membership** which is the whole book downloaded to a smart phone! Amazing! You will never forget your book again as it will be with you at all times on your phone! The memberships are still **only $55** – and 20% of each sale goes towards the school fundraising! There is over **$20,000 of savings** in each book! Lots of great places to use it this year! Scales Fish N Chips, Kingscliff Surf Club, The Aztec, Coolangatta Sands Hotel, Babalou, 52 Marine, Subway, Red Rooster and so much more. To purchase either your book or the digital membership and support the P&C simply go online to:

On the 18th May the R.S.P.C.A. held its’ Million Paws Walk at various venues across Australia.

The Norta Norta team was well represented at the Kingscliff Million Paws Walk with Lana Allison, Mandy Schaefer, Toni Cowan, Shakeim Togo, Brody Pittard, Nick Hutchinson, Stacey Ahrens, Jasmine Curtis-Geselle and Ellie the School Dog all walking.

Ellie came from the R.S.P.C.A. in Tweed Heads. She was seized, with her sister and 8 brothers, at 4 weeks of age suffering from neglect, starvation and many health issues. She was placed in foster homes till she was 13 weeks old and healthy enough to be adopted by Mandy Schaefer in November 2013.

The Walk was fantastic, the weather perfect and we were surrounded by dogs of every shape, size and colour imaginable. We were all so proud when Ellie won a prize as Best Dressed Dog in her “formal” school coat.

The staff and students of T.R.H.S. raised $195.65 for the R.S.P.C.A. to assist them in rescuing more animals like Ellie.

Mandy Schaefer

ARE YOU STRUGGLING TO MEET THE COST OF DESEXING YOUR CAT?

LOW COST CAT DESEXING
7 - 10 JULY 2014

Friends of the Pound, with the support of the RSPCA and the Tweed Shire Council, are offering low cost cat desexing in the Tweed Shire, at the Murwillumbah Showgrounds, conditions apply.

BOOKINGS ESSENTIAL: PHONE 0435 170 228

After 6 years, two un-desexed cats and their offspring can produce 803,500,780 cats
12 litters per year, 2.8 surviving kittens per year, 10 years breeding life.

CATS CAN’T COUNT, BUT THEY SURE CAN MULTIPLY
Far North Coast Athletics Carnival
The Far North Coast Athletics Carnival will be held on Tuesday 24th June which is in Week 9. Students will be receiving notes in Week 6. Please ensure students pay their money to the Front Office and hand their note back to Ms Alford as soon as possible. If the carnival happens to be cancelled due to wet weather, the back-up date is on Thursday 26th June, two days later. Please be aware of this quick turnaround.

Sport Choices and Tweed Valley Term 3
Sport choices for Term 3 will be open on the TRHS Moodle site from Monday 2nd June to Wednesday 18th June. Students have been given a sheet in rolls with the sports choices on it, so they need to think carefully about their choice. Please consider whether your child would like to compete in the Tweed Valley competition which is a local interschool competition between our school, Kingscliff, Banora, Murwillumbah, Mount St Patrick’s, Wollumbin and St Joseph’s High Schools. The cost of Tweed Valley this year is $50 for the Term to cover busses. Unfortunately as bus costs go up so must our fee for the competition. This must be paid by Week 3 of Term 3 or the student will forfeit their place in the team. If there are outstanding fees from previous years the student will not be able to play unless these fees are paid. There are a number of school sports available for those who are not partaking in the competition.

NSWCHS Open Netball Championships
Kate Marshall (Year 10) represented the North Coast at the NSWCHS Open Netball Championships in Coffs Harbour in Week 5. Kate demonstrated an outstanding performance for the North Coast team who ended up 4th at the end of the competition. Kate made the possibles/probables for the state team which is a fantastic individual achievement. The selectors are very keen to see her again next year. Considering she is only in Year 10 with two years to go I am expecting a great future! Well done Kate!

NSWCHS Open Girls Touch Football
Tweed River High has a number of girls representing the North Coast in the Opens NSWCHS Touch Football competition which is being played in Tomaree from Tuesday 3rd to Thursday 5th June. Good luck to Sommer Nicholson, Grace Sleba, Olivia Attenborough-Doyle, Tarryn Aiken and Makayla Jennings who I’m sure will represent the school in an outstanding fashion as always.

U14 Buckley Shield and Opens University Shield Rugby League Knockout
Good luck to Tweed River’s U14 Buckley Shield and Opens University Shield Rugby League teams who are both playing the next round of the knockout competition against Ballina High School in Ballina on Tuesday 3rd June. Thank you to Mr Winter and Mr Wood for coaching the boys.

North Coast Cross Country
Good luck to the Tweed River High students who are competing in the North Coast Cross Country competition on Friday 6th June in Kempsey. The following students will be representing the school: Jacquie Soden, Travis Coleman, Kitty Laemchalad, Sophie Watson and Tulloch Myrianthopoulos.

Open Boys Tennis Knockout Competition
Well done to Cody Atkinson, Andrew Scanes, William Kyle and Mitchell Lawrence who all competed in the Open Boys Tennis Knockout on Tuesday 20th May in Maclean. The team played Maclean High School for a spot in the North Coast Final. The boys won on the day and will now play the winner of Camden Haven High School and Toormina High School in the North Coast Final. Thank you to Mr Patch for taking the boys down to Maclean, it was much appreciated.

Open Girls and Boys Touch Football Knockout Competition
On Monday 26th May our Open Girls Touch Football team travelled out to Woodenbong to play the next round of the knockout competition. The girls won convincingly 7-0 and move on to the next stage of the competition. Congratulations also to Mr Swaddle for coaching the girls to yet another win. The Open Boys team play their respective game on Monday 2nd June at Tweed River High against Kadina High School. Good luck boys!

Open Girls Netball Far North Coast Knockout Gala Day
On Thursday 12th June Tweed River High School’s Open Netball team will compete in the FNC Gala day at Arkinstall Park. The team are a strong side with a number of players who made it to the North Coast Final last year in the team. Congratulations to the following students who were selected in the team: Kate Marshall, Olivia Attenborough-Doyle, Brodhi Avis, Hine-Rei Berryman, Teagan Jefferies, Ally Sharp, Alex Foltyn, Grace Sleba and Zoe Nuss.

Yours in Sport
Miss Jennifer Alford
Sports Organiser 2014
Tweed River High School
TRHS
Athletics Age Champions 2014

12 years male – Marshall Glossop
12 years female – Kayla Harris
13 years male - Joshua Bartrim-Bryant
13 years female – Nevee Pearson
14 years male – Liam Scanes
14 years female – Eva Constandinou
15 years male – Dane Stewart
15 years female – Aprel Player
16 years male – Harry Scanes
16 years female – Chloe Robson
17-19 years male – Ben Bullock
17-19 years female – Sommer Nicholson

On Assembly

Far North Coast Cross Country reps

North Coast All Schools Rugby 7’s Champs

Sophie Watson - Swimming
Kate Marshall - Netball
Makayla Riley (Yr12) speaks about Reconciliation Week
Australia’s Biggest Morning Tea - Staff

TRHS Band members perform at the Kingscliff TAFE Careers Expo

TRHS ANZAC Day Ceremony 2014
Congratulations to the Open Girls Touch Football team who defeated Woodenbong High 7-0 and have now become the North Coast champions. The score line didn’t reflect how hard the girls worked for the win and they fully deserved the result. Well done to Elsie Rampling who led by example for the younger girls and captained the team in Grace Sleba’s absence. It was a very proud coaching moment once again for myself and we now turn our attention to one of the schools from the Hunter region in order to make the top 10 finals series.

Mr Chris Swaddle
The sparks are flying. In the background is the loud whir of machinery, interrupted by the grinding of cold steel. Yes the HPV Team is busy at it transforming steel into a working vehicle. The afternoons have been stacking up, along with the eager parents willing to help out. The many design and construction challenges are being faced and thought through. The cold steel is being cut, ground, shaped and formed. It is a slow process, but as Mr Wiggins regularly quotes to the students “Measure twice, cut once!”

The first ever Tweed River High School Human Powered Vehicle is busily being built this term to enter in the annual RACQ Technology Challenge. The team would like to recognise BCF, Tweed Heads South this week for their kind sponsorship of the team. BCF Store Manager, Seth Lauder is a former student of Tweed River High School. He was more than willing to support the school to enter in the competition.

Tweed River High School would like to thank Seth and the team at BCF Tweed Heads South for kindly supporting the team. BCF kindly donated eight hydration packs for each rider. That is $320 worth of equipment!

For all your Boating, Camping and Fishing needs head to BCF, Tweed Heads South!
WORKSHOP 3 - DEADLY CHOICES HEALTH & NUTRITION

Deadly Choices is a health & nutrition education program aimed at supporting Aboriginal and Torres Strait Islanders to lead healthy lifestyles. Last Friday, T4T Girls’ Academy participants learnt how to be positive role models and mentors for their family, peer group and community by learning about health & nutrition in an interactive and hands-on workshop.

Deadly Choices and Titans 4 Tomorrow had the participants moving with some Indigenous games before preparing some healthy and nutritious meals for all to try.

“We learnt for the body to function at its best, it needs nutritious food, as well as lots of water, exercise and a good night’s sleep.” Vanessa Smallwood
Senior Workshop 2 Managing Change

Last Wednesday, First Sun Employment joined forces with Titans 4 Tomorrow to deliver Senior Workshop 2, ‘Managing Change’. The senior T4T Girls’ Academy participants learnt how to prepare for, and manage the transition from school to work by learning useful resume tips and interview skills.

“The interview scenarios were really good, I know they will help me with any interviews I will have in the future.” Chelsea Wilson

Students Rewarded with Titans Tickets

Many Girls Academy students have been recognised for their school achievements, outstanding school attendance and commitment to the T4T Girls’ Academy. As a result, these girls received tickets to attend a Titans home game.

Congratulations Girls!

“We got the opportunity to meet many football players and also got the chance to run on the field after the game.” Nikeah Wyles-Togo

A Quick Snapshot of the T4T Girl’s Academy Calendar for Term 2

Workshop 4 - Culture

Wednesday
18th June
Workshop 4 Culture at Murwillumbah High School

Senior Leadership Camp

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<td>28th June</td>
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<td>Senior Leadership at The Southport School</td>
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www.titans4tomorrow.com.au
PCYC are an accredited provider of the Safer Drivers Course.
Guiding young people in the right direction since 1937

The Safer Drivers Course involves two modules:

**Module one:** A three-hour facilitated group discussion on how to manage risks on the road. This will involve a maximum of twelve participants and will be delivered by a facilitator.

**Module two:** A two-hour in-vehicle coaching session to develop low-risk driving strategies. This will involve two participants and a coach. **Course cost:** $140

Participants must have completed 50 hours of actual on-road driving experience to be eligible for the course. Credits gained under the 3 for 1 scheme cannot be included.

Participants who complete the course will receive 20 hours credit recorded in their learner driver log book.

To find your closest club or book into the next available course check out our website: [www.saferdrivers.org.au](http://www.saferdrivers.org.au)

Call us on 9625 9111 or drop into your local club to find out more

PCYC Tweed Heads, Florence Street, Tweed Heads 2485 Ph. 07 5599 1714
Free BBQ and Activities for young people aged 12-18
COOLANGATTA SKATE PARK
4.30PM – 7.30PM Saturdays
the 14th & 28th of June
and 12th of July

Look for our feet on Facebook
like and share our posts.

Contact Shelley if you have any questions on
0439009850

Proudly supported by
CITY OF GOLDCOAST.
Teenager’s seeking more independence
Knowing how much freedom and responsibility to give your teenager is difficult, especially if they’re your eldest or only child. To become capable adults, teenagers need to learn to make good decisions on their own and have opportunities to show you they can. The Raising Children Network website has a wealth of expert information and guidance for parents of teens and younger children. If your child is testing the boundaries and pushing for more independence, you may find the article ‘Shifting responsibility to your child’ worth reading. Go to www.bit.ly/1jCxKhe

Study help for high school
It’s often quite difficult for parents to assist their children with their high school homework and study. Even if we have professional experience in the subject area, children tend to find it difficult to take parental advice when it comes to school. (Don’t feel bad, teachers’ own children do exactly the same thing) www.khanacademy.org is an excellent, not-for-profit website which may help your child study and revise tricky concepts in science, maths and the humanities.
We have had some expression of interest from a couple of your students in being involved with the **Year 12 Schools Program** in support of Iumi Tugeda; Bond University’s student-run initiative in the Solomon Islands.

We would like to invite interested students, their parents and also any interested staff members from your school to our Networking Night on Tuesday June 10th at the University Club. This will be an opportunity for the students and their families to hear more about the program and how they can get involved.

Please find further information at [www.iumitugeda.com](http://www.iumitugeda.com).

Kind regards,
Sophie West
President

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**Commonwealth Respite & Carelink Centre**  
**Far North Coast**

Our Centre is here to support family members, friends or neighbours (carers) who provide a significant amount of help to someone who is a frail older person, has a disability, or chronic, terminal or mental illness.

The Centre is funded until **June 30th 2015**.

**What we provide:**

- Information on carer support services on the Far North Coast
- Assistance with accessing support services that meet carer and care recipient ongoing needs.
- Provision of short-term planned and emergency respite to give carers a break from their caring role.

If you are a carer and you need some help whatever your age - call us on  

**FREECALL™ 1800 052 222**  
*(calls from mobile phones charged at applicable rates)*